

VOLUME ONE, ISSUE ONE

Dear friends of Nazz Rest Home,

We are very excited and proud to announce the creation of the Nazz Rest Home website. The website, which is under construction, is in Hindi and English, and you can visit it at nazzresthome.com

One of the nine pages of this website is about news from the activities at Nazz, and this newsletter has been designed to achieve that goal by being a link between Nazz Rest Home and the outside world. As you may know, many beautiful souls worldwide have followed the efforts invested in bringing the dream of a shelter for our dear elders to reality.

CONSTRUCTION NEWS

We are happy that the first phase of building the Nazz Rest Home is almost complete, and the structure's strong two bedrooms are finished; now waiting for the doors and windows to be installed, and the building will get coat cement on its walls, and then the windows and doors will be painted in sky blue, and the walls will be painted in white.

Meanwhile, the irrigation system is watering the trees, and they are growing fast.





Those who do not know the details of the two phases of the construction of Nazz Rest Home can find the highlights below.

PHASE ONE

In this stage, the work that needs to be done includes: Purchasing about 7 acres (7 Bhigas) of land (done) Fencing and its reinforcement(done), Planting hundreds of trees (done, more than 400 planted) Digging deep well and water pump (done) Improving the road to the land. (partially done) Finally, a two-bedroom residence with a kitchen and bathroom for staying, holding meetings, and other activities (done) Then, we will take the time to research all aspects of the project. Meanwhile, the trees will grow,

Then, we will take the time to research all aspects of the project. Meanwhile, the trees will grow, and landscaping will also be improved.

PHASE TWO

We hope to have about 25 rooms, depending on many factors that can complicate matters (and eventually up to 100 rooms) for residents and other facilities such as a kitchen, dining hall, entertainment room, physio room, storage, etc.

We need to research many aspects of running and providing a service to protect and integrate the elderly into the community. We must follow the path of sustainability, such as solar panels, filtration systems, sewage systems, electricity, and water supply, and we also have to consider human resources, such as doctors, physiotherapists and other related services.

We need to establish strong relations with the villagers and the local school. The fruit gleaned from the trees is for the village. All the people are partners in the project.

We are excited and nervous and pray that the Creator guides us through the challenges ahead.

For now, we have built a room to get electricity with a little space for a limited stay, and we may use it to stay, do some gardening, and have social activities.

We also have to focus on the financial side of running the place sustainably, protecting the environment, and finding ways to work towards the betterment of the village of Chabrana, where Nazz Rest Home is situated.

There are so many things that can change, and sometimes we feel overwhelmed, but then we remember how He opened all the doors that had been closed to us.

Here are the goals or dreams we hope to achieve with the help of stakeholders and partners who desperately will need Divine Assistance:

HOPES AND DREAMS

- To create a process of selecting eligible candidates
- Envisioning processes of integration with different generations in the community
- To plan and execute recreational programs in the Nazz Rest Home and the community
- Consultation with experts in nutrition and other fields of healthcare
- The beautification of Nazz Rest Home Gardens to attract visitors to be part of the integration process (perhaps tours)
- Cutting-edge technology for security, monitoring and sustainability (wastewater filtration for gardens, solar panels, methods of saving water, etc)
- Budgeting and plans for financial functioning and sustainability
- A system of transportation for the residents and staff
- To create means of communication and the use of mass media
- The use of various methods of healing, such as traditional, modern and alternative medicine
- Creating a garden of medicinal plants

- Emphasis on creating an atmosphere of spirituality for the residents
- Individualized planning and flexibility to meet the needs of the residents
- Inviting professionals and experts as guests from India and abroad who have volunteered to provide a service
- Education and training of the local people to work at Nazz Rest Home
- Maintenance of a healthy relationship with local authorities and governmental departments
- To contribute to the quality of life in the village through empowerment programs with the goal of ownership by the locals
- Introduction of the beauty and simple life of Chabrana to the outside world through the mass media
- To plan for distributing fruits and vegetables growing in Nazz Rest Home to charitable organizations, the local school, and village residents.
- Involving the locals in maintaining and developing the gardens and buildings.

• Consult with architects to design a cutting-edge plan for a sustainable and comfortable building for the residents and visitors.



- To strive to make Nazz Rest Home a place for holding children's classes, Junior Youth Groups, conferences and Summer or Winter Schools.
- Explore the possibility of creating a trust fund of donations and contributions to assure the long-run financial security and sustainability of Nazz Rest Home's operations.
- Having proper financial accounting methods and scrutiny of payments of bills and recipients and salaries.
- To consult with all the institutions of the Faith for guidance and spiritual support to serve the goals of the Faith.
- To put aside a few rooms for visitors from abroad who have expressed their desire to come to volunteer and stay for a limited amount of time to live there, offer their services, and pay for their stay.

May the Creator assist us in bringing this dream to reality.

For inquiries please write to: bshams@telus.net

63 63 63 63 63 63