



Naz Rest Home

Naz News

Website: nazresthome.com

Volume 1, Issue 6

Dear friends,

Welcome to another issue of the Naz News. Always there are things happening here and it is time for an update. Hoping you enjoy hearing about the progress made and seeing the photos of advances made.

Trees and More Trees

The trees at Naz Rest Home continued to grow and there is a significant difference in their size now, thanks to the hard work of our gardener and protector, Ramji Lalji, and his wife Sampatji and the children and the regular composting they do. Seeds were planted for date trees.

Preparations were made to plant more than 140 trees (some fruit trees and others) including 50 more bougainvillea and roses. Here is the list of about 140 trees that will have been planted in Naz by the time you read this:

Mangoes, 2 Jamun, 5 Sapodilla, (Chikoo), 5 Lemons, 5 Custard Apples, 5 Olives, 5 Bananas, 5 Grapes, 5 Jackfruits, 5 Hog Plums (Amra), 5 Phalsa, 2 Cardamom plants, 2 Litchi, 2 Bay Leaf plants,, 5 Apple Ber (Jujube), 2 Wood Apple (Bael), 3 Apples, 3 Oranges, 2 Bakul, 2 Gulmohar, 2 Kadamb, 2 Kachna,r 2 Silver Oak, 2 Potted Jasmine, 5 Potted Rose, 50 Bougainvillea

Some of these fruit trees are local trees and are not grown in other parts of the world.

A wealth of gratitude is extended to the hard-working ladies of Rajasthan who, through their dedication, have supported the construction of the Naz Rest Home project from the beginning and are still helping plant more trees.



Crops

The family has planted a vegetable garden at Nazz with okra, onions, leeks and more. Seeding has been undertaken for a crop of maize.



What Happened to the Shelter

A few months ago, the shelter on the roof was destroyed in a storm because the thatch roof was too heavy for the structure. The frame has been reinforced and sheets of fibreglass added, before putting a lighter roof of thatch on top.



The Road

Despite a setback of having the road blocked for a time, the problem was averted and the road is completed and holding well. The monsoon rains have identified weaknesses that can be repaired later.



Traditional Stove

The family are eagerly creating a structure to support a traditional mud cooking facility in a corner of Nazz.



Filling the Pond

Our hard-working family found a faster way of filling the pond with rain water by redirecting the neighbour's rainwater. But now the monsoons have arrived and the pond is full. To everyone's delight, flamingos appeared in the area on their path of migration. With the enlargement of the pond, it seems that we are creating our own ecosystem. Fish, birds, frogs, rabbits and foxes have been identified.



Bank Account

We are happy to inform you that Nazz Rest Home has a temporary bank account. In the near future, Nazz Charitable Trust will have its own account with 2 people operating it.



Nazz Rest Home
XXXXXXX2254
State Bank of India

Shooting Youtube Videos at Nazz Rest Home

A group of villagers are creating comedy plays, using Nazz Rest Home as their setting.



More Photos of Nazz Rest Home



Note:

For those who missed the old issues of Nazz News, below are the highlights of goals and dreams for Nazz Rest Home, as well as challenges ahead.

Phase One

- In this stage, the work that needs to be done includes:
- Purchasing about 7 acres (7 Bhigas) of land (done)
- Fencing and its reinforcement(done),
- Planting hundreds of trees (done, more than 400 planted)
- Digging a deep well and a water pump (done)
- Improving the road to the land. (partially done)
- Finally, a one-bedroom residence with a kitchen and bathroom for staying, holding meetings, and other activities (done)
- Then, we will take the time to research all aspects of the project. Meanwhile, the trees will grow, and landscaping will also be improved.
- Fenced the entire land and planted 250 bougainvillea

- Planted 200 fruit trees and set up an irrigation system
- Dug a deep well for water supply
- Brought electricity from the village by putting 8 hydro poles
- Brought high-speed internet
- Built a solid administration building with parking
- Created a deep rainwater reservoir and used the soil to build a road from the village to the site
- Hosted a 10-day education camp.

Growing different crops every year in Nazz's land, the proceeds of which go towards the school supplies for students of the village

The family have achieved all the goals of Phase One, with the support and hard work of the villagers.

Phase Two

We hope to have about 20 rooms, for residents and other facilities such as a kitchen, dining hall, entertainment room, physio room, storage, etc.

We need to research many aspects of running and providing a service to protect and integrate the elderly into the community. We must follow the path of sustainability, including solar panels, filtration systems, sewage systems, electricity, and water supply. Additionally, we must consider human resources, such as doctors, physiotherapists, and other related services.

We need to establish strong relations with the villagers and the local school. The fruit gleaned from the trees is for the village. All the people are partners in the project.

We are excited and nervous and pray that the Creator guides us through the challenges ahead.

For now, we have built a room to get electricity with a limited space for a short stay, and we may use it to stay, do some gardening, and engage in social activities.

We must consult with the authorities about various rules and regulations and navigate through some bureaucratic processes. All these challenges may take a while, and hopefully, by then, the fruit trees will have matured, and the landscape will have become beautiful.

We also need to focus on the financial side of running the place sustainably, protecting the environment, and finding ways to contribute to the betterment of the village of Chabrana, where Nazz Rest Home is situated.

There are so many things that can change, and sometimes we feel overwhelmed, but then we remember how He opened all the doors that had been closed to us.

Here are the goals or dreams we hope to achieve with the help of stakeholders and partners who desperately will need Divine Assistance:

Hopes and Dreams

- To create a process for selecting eligible candidates
- Envisioning processes of integration with different generations in the community
- To plan and execute recreational programs in the Nazz Rest Home and the community
- Consultation with experts in nutrition and other fields of healthcare
- The beautification of Nazz Rest Home Gardens to attract visitors to be part of the integration process (perhaps tours)
- Cutting-edge technology for security, monitoring and sustainability (wastewater filtration for gardens, solar panels, methods of saving water, etc.)
- Budgeting and plans for financial functioning and sustainability
- A system of transportation for the residents and staff
- To create means of communication and the use of mass media
- The use of various methods of healing, such as traditional, modern and alternative medicine
- Creating a garden of medicinal plants
- Emphasis on creating an atmosphere of spirituality for the residents
- Individualized planning and flexibility to meet the needs of the residents
- Inviting professionals and experts as guests from India and abroad who have volunteered to provide a service
- Education and training of the local people to work at Nazz Rest Home
- Maintenance of a healthy relationship with local authorities and governmental departments
- To contribute to the quality of life in the village through empowerment programs, with the goal of ownership by the locals
- Introduction of the beauty and simple life of Chabrana to the outside world through the mass media
- To plan for distributing fruits and vegetables growing in Nazz Rest Home to charitable organizations, the local school, and village residents.
- Involving the locals in maintaining and developing the gardens and buildings.
- Consult with architects to design a cutting-edge plan for a sustainable and comfortable building that meets the needs of residents and visitors.
- To strive to make Nazz Rest Home a place for holding children's classes, Junior Youth Groups, conferences and Summer or Winter Schools.
- Explore the possibility of establishing a trust fund for donations and contributions to ensure the long-term financial security and sustainability of Nazz Rest Home's operations.
- Having proper financial accounting methods and scrutinizing payments to vendors, recipients, and salaries.
- To consult with all the institutions of the Faith for guidance and spiritual support to serve the goals of the Faith.
- To set aside a few rooms for visitors from abroad who have expressed their desire to volunteer and stay for a limited period, offering their services in exchange for their stay.

May the Creator help us bring this dream to reality.

For inquiries, please write to bshams@telus.net or visit nazzresthome.com